

## SENIOR & ADULT CASE MANAGEMENT AGENCIES

Case management is the coordination of the care for seniors, elderly, and or disabled adults in order to improve their quality of life. These services may include assistance with locating housing, in-home care, day programs, financial, legal, and estate planning. A case manager will evaluate an individuals current level of functioning and assess their needs to determine what possible services will be required.

### For-Profit Agencies

Better Care Choices.....	925-932-1400
Sutter Care at Home.....	925-677-4240
Eldercare Services.....	925-937-2018
Family Caregiver Alliance.....	800-445-8106
LivHome.....	925-296-0406
Senior Alternatives.....	925-253-8088
Shirley L. Nelson, Case Manager.....	925-933-1660

### Government or Not-for-Profit Agencies

Center for Elder Independence (PACE program).....	925-433-1150
Diablo Valley Foundation for the Aging.....	925-945-8040
Elders Learning community.....	510-234-1839
Jewish Family & Children's Services.....	925-927-2000
Pleasant Hill Senior Center.....	925-798-8788
Regional Center of the East Bay (for developmentally delayed).....	925-691-2300
Senior Outreach Services.....	925-937-8311
Shelter Inc.....	925-338-1038