

## In-Home Supportive Services (IHSS) Program

Contra Costa County

The IHSS Program will help pay for services provided to you so that you can stay safely in your own home. To be eligible, you must be over 65 years of age, or disabled, or blind. IHSS is considered an alternate to out-of-home care, such as nursing homes or board and care facilities.

The types of services which can be authorized through IHSS are housecleaning, meal preparation, laundry, grocery shopping, personal care services (such as bowel and bladder care, bathing, and grooming), accompaniment to medical appointments, and supervision for the mentally impaired.

### Eligibility criteria for all IHSS applicants and recipients:

- You must physically reside in the United States.
- You must also be a California resident.
- You must have a Medi-Cal eligibility determination.
- You must live at home or an abode of your own choosing.
- You must submit a completed Health Care Certification form.



### How the program works:

- A county social worker will interview you at your home to determine your eligibility and need for IHSS. Based on your ability to safely perform certain tasks for yourself, the social worker will assess the types of services you need and the number of hours the county will authorize for each of these services. This assessment will include information given by you and, if appropriate, by your family, friends, physician or other licensed health care professional.
- A completed Health Care Certification (SOC 873) must be received by the county prior to authorization of services.
- You will be notified if IHSS has been approved or denied. If denied, you will be notified of the reason for the denial. If approved, you will be notified of the services and the number of hours per month which have been authorized for you.
- If you are approved for IHSS, you must hire someone (your individual provider) to perform the authorized services. You are considered your provider's employer and, therefore, it is your responsibility to hire, train, supervise, and fire this individual.
- If your county has contracted IHSS providers, you may choose to have services provided by the contractor.
- If your county has homemaker employees, you may receive services from a county homemaker.

To apply for IHSS, complete an application and submit it to the Contra Costa County IHSS Office.

[SOC 295 - Application for Social Services](#)

[SOC 873 - Health Care Certification](#)

East County 925-522-7673 | Central County 925-363-3677 | West County 510-231-8299